



### **Iran, Perspolis, 2500 years ago**

Here you find a very old personage, carved in a mountain near Shiraz in Iran. The Iranians think this is the sculpture of “Ahura-Mazda” the God in the religion of Zoroaster. But it is not correct. In reality this carving is of “Forohar”. In old Pahlavid language ( Sassanid period and before) this word means “Farah + vahr”. Farah means Charisma and Vahr means owner. So the meaning of “Farah-Vahr” is “owner of Charisma”, or “Charismatic being”.

### **What is Farah-Vahr?**

In reality it is the “Astral-body, the “Fluid-corpus”, the etheric-body, the phantom,... when he is leaving the physical body, and beyond.

The soul as a seed is developing in the astral body, in the energetic-body, in the physical body.

The soul is created for being eternal. But it has some envelops and bodies. In each body it continues its development. But at the same time each one of its bodies is developing also. Physical body is growing up for a while, and after some time it starts to deteriorate and becomes useless for being in company of other bodies. So Soul in his astral body leaves it.

Astral body lives and grows up in another dimension. It is not limited by time, neither space. It is free, it can travel everywhere by a vertiginous speed. So it is depicted with powerful wings and feathers. It is a symbolic representation of its

capacity to travel at high speed. It is the vehicle of the soul in every spiritual dimension.

And the soul is the being who is going out of the circle of the fluid body of the phantom. The upper part of this personage (soul) is out of the bi-wing circle of astral body, it has a crown. His right hand is straight, saluting the divinity and God, and in his left hand he brings the ring of the eternal pact.

### **Control of Ego**

Kind and virtuous deeds, Kind and virtuous thoughts, Kind and virtuous words.  
She/He is doing right, she/he is thinking right, she/he is telling right.

But, in order to be right, the seeker must be the king of his/her own existence. He/she has to capture all his/her bad behaviors and thoughts and put them in the prison of his/her control. The seeker should confront, fight and control his/her ego and all its attributes.



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### Iran, Yazd, nowadays, Zoroastrian temple

This enormous personage, soul in astral body, is living in our body, as an enormous and powerful bird, a Simorgh in a cage.

Practice of the exercises and teachings of the “substantial evolution path” results in development of the hidden capacities of the heart and opening its “secret door” towards the spiritual dimensions. By realizing and achieving this important step, the seeker can freely fly far from this limited material world. The gravitational force does not have any effect on this splendid bird.

In The substantial evolution path every seeker is developing his/her own hidden capacities to evolve into a very beautiful bird, a Simorgh.



### Iran/ Zanjan, Dragon of Dashkasan

## **Kundalini or “viper-force”**

Another energy-center in physical body is vertebral column. It is named in Sanskrit language “Shucohmna”. In this center there is a circuit of powerful electrical energy: Kundalini or “Snake force”, “force of viper”.

Usually this “snake force” is not active. But by certain methods and exercises one can awaken this viper and develop it as a very powerful, strong and dangerous dragon. It is dangerous because when it is awoken, it is not easy to control.

So according to the basic principle of **the substantial evolution path**, the seeker is not at all allowed to engage in any method which results in development of the Kundalini. Because, the activated dragon curls around the Simorg and prevents it from flying, keeping tied to earth and the material world. So Simorg must fight and beat this dragon to rediscover its natural freedom and happiness, for going out and up.